# December's News



## Straight in to the season

#### Visits, work, races

December commenced with a visit to the Portes Du Soleil to visit some of the team at Sandstone communications where we picked up our race kit for the season. Next stop, Aosta, for one of our teaching weeks, where we were treated with 1 meter of fresh snowfall our arrival!

It was then onto Val Thorens for the next stop on the Europa Cup tour. We had the chance get a lot of training done on the course which meant both of our times from the first timed runs, to the final ones, improved massively, 4.5 seconds knocked off the time!

Now in our Christmas break, Zoe headed back to the UK for a few weeks to recover after a small foot injury in Val Thorens. The girls will be back together in January to resume all things snowy. Take a look below to see what we'll be getting up to in the New Year - very busy month ahead!



Aosta
1 meter of snow in a day meant A LOT of digging...



Wintry driving We've had quite a few KM's of snowy driving in the last few weeks!



**BIG jumps**The final jump in Val
Thorens was quite a
sight.



**AOSTA** 

We're starting January with a weeks teaching in Pila, Italy.



## **IDRE FJALL**

The 2018 race season kicks off with a 'short' drive to Sweden for Europa Cup 3.



### **LENK**

After Sweden, it's straight back to Switzerland for Europa Cup 4.



#### ST FRANCOIS

To finish off January, we're stopping in France for Europa Cup 5.

Claire's FIS Biography

Zoe's FIS Biography

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